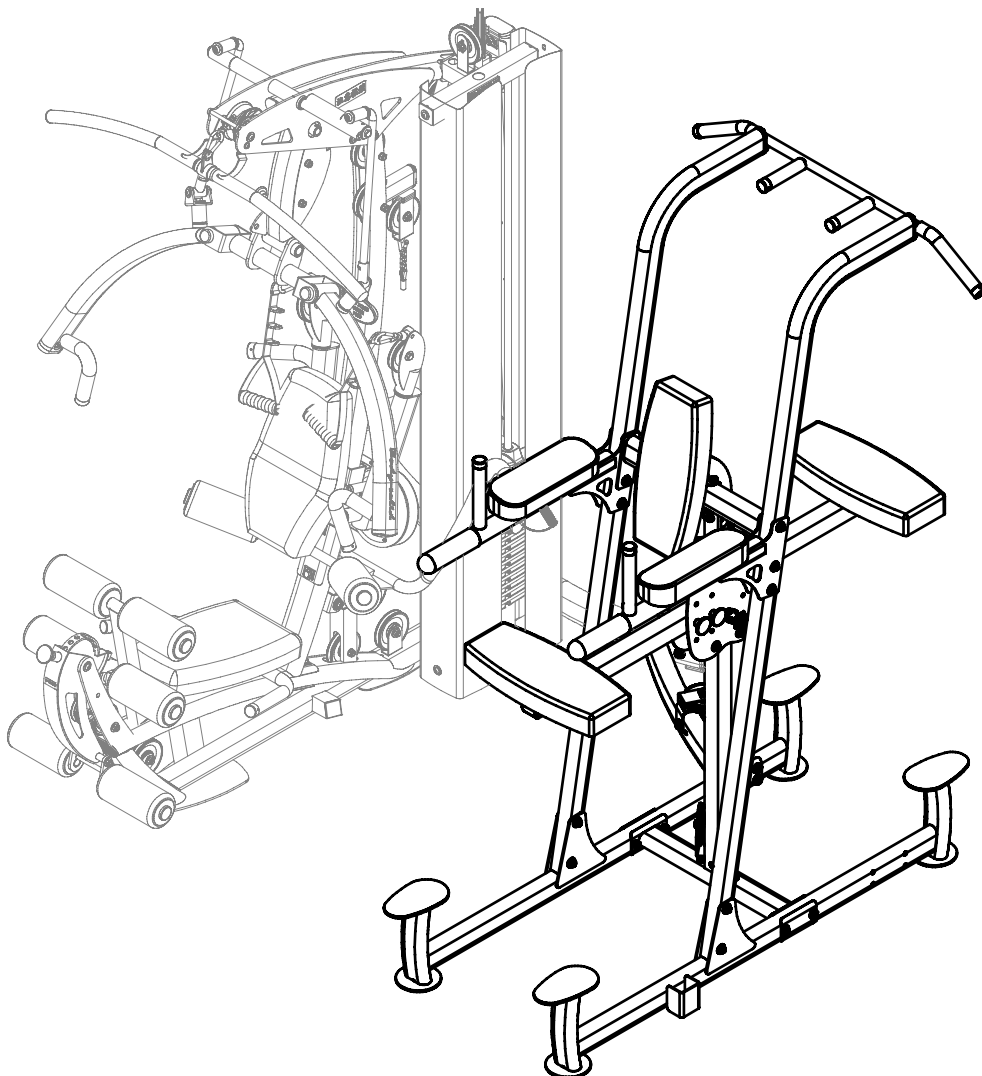


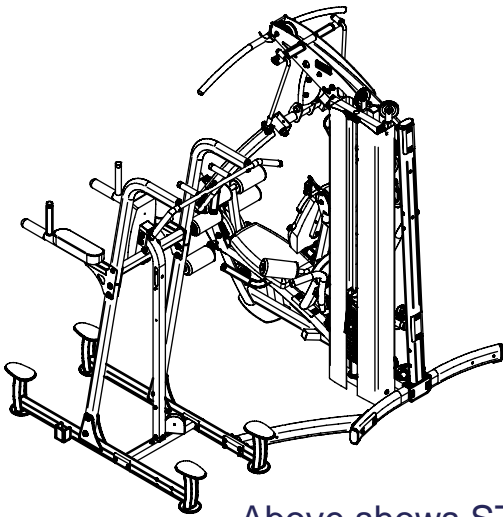
Body-Solid



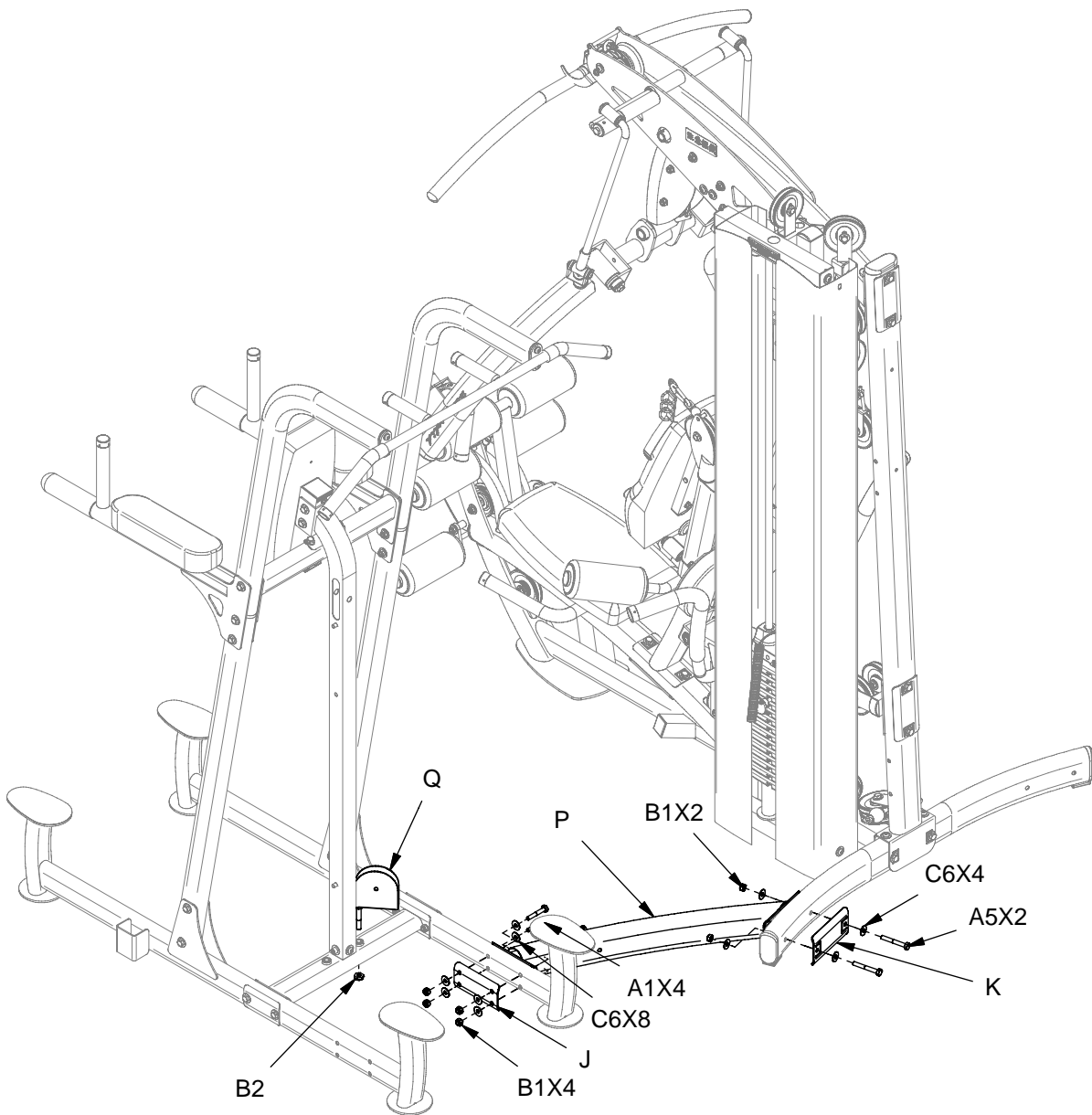
BODY-SOLID, Inc
1900 S.Des Plaines Ave.
Forest Park, IL 60130 USA
Phone:(708)427-3555
Fax:(708)427-3556
www.bodysolid.com

FCDWA OWNER'S MANUAL

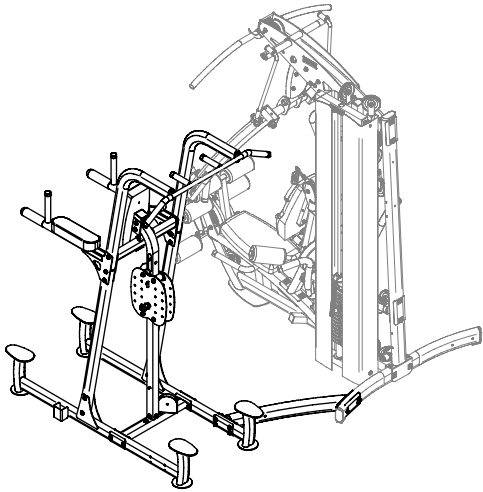
FCDWA ASSEMBLY INSTRUCTIONS



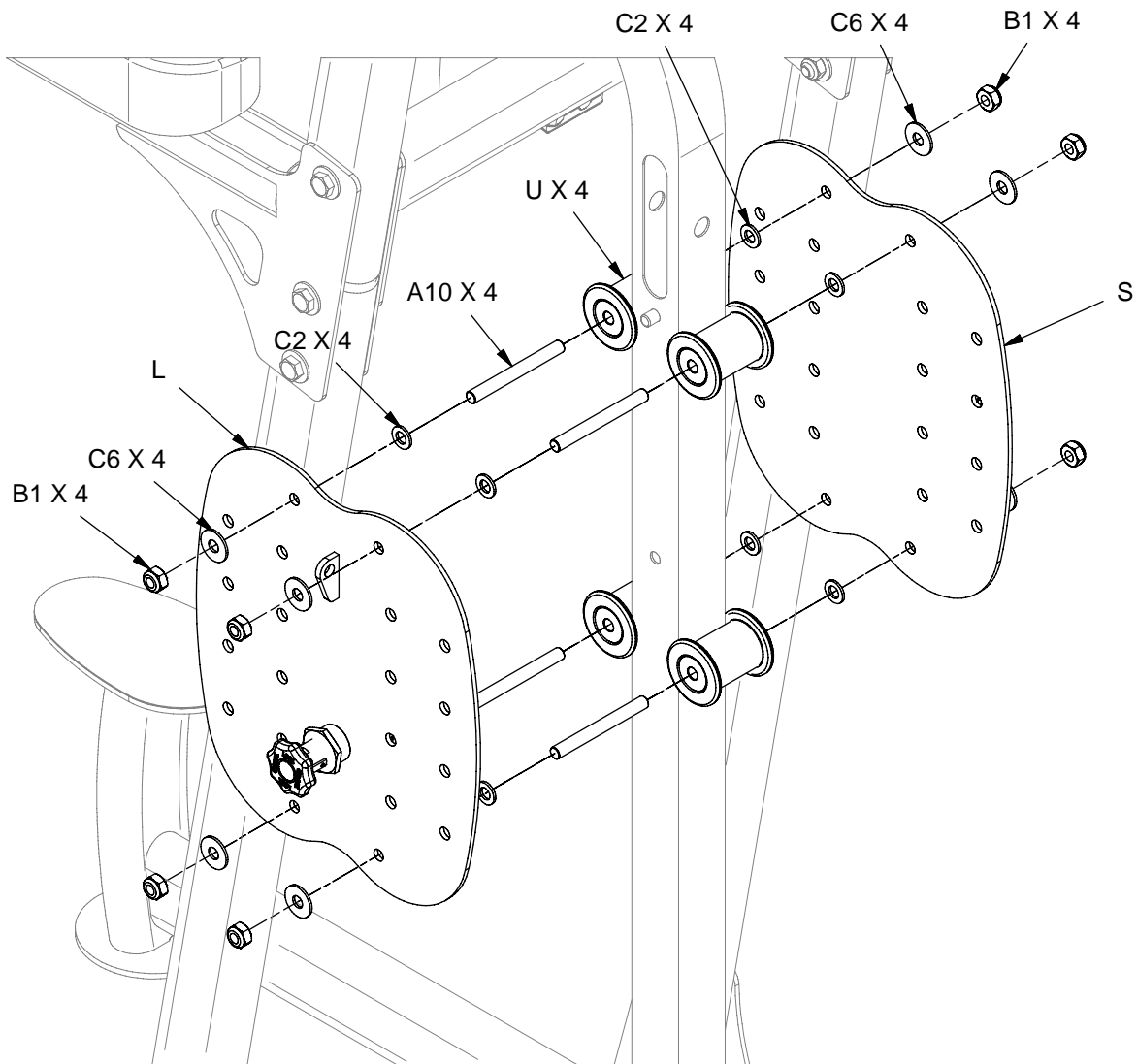
Above shows STEP1
assembled and completed



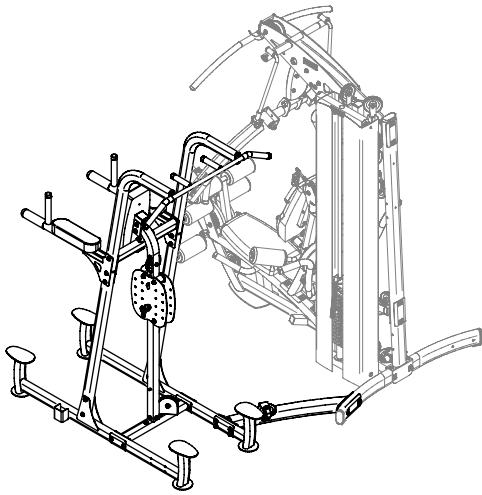
FCDWA ASSEMBLY INSTRUCTIONS



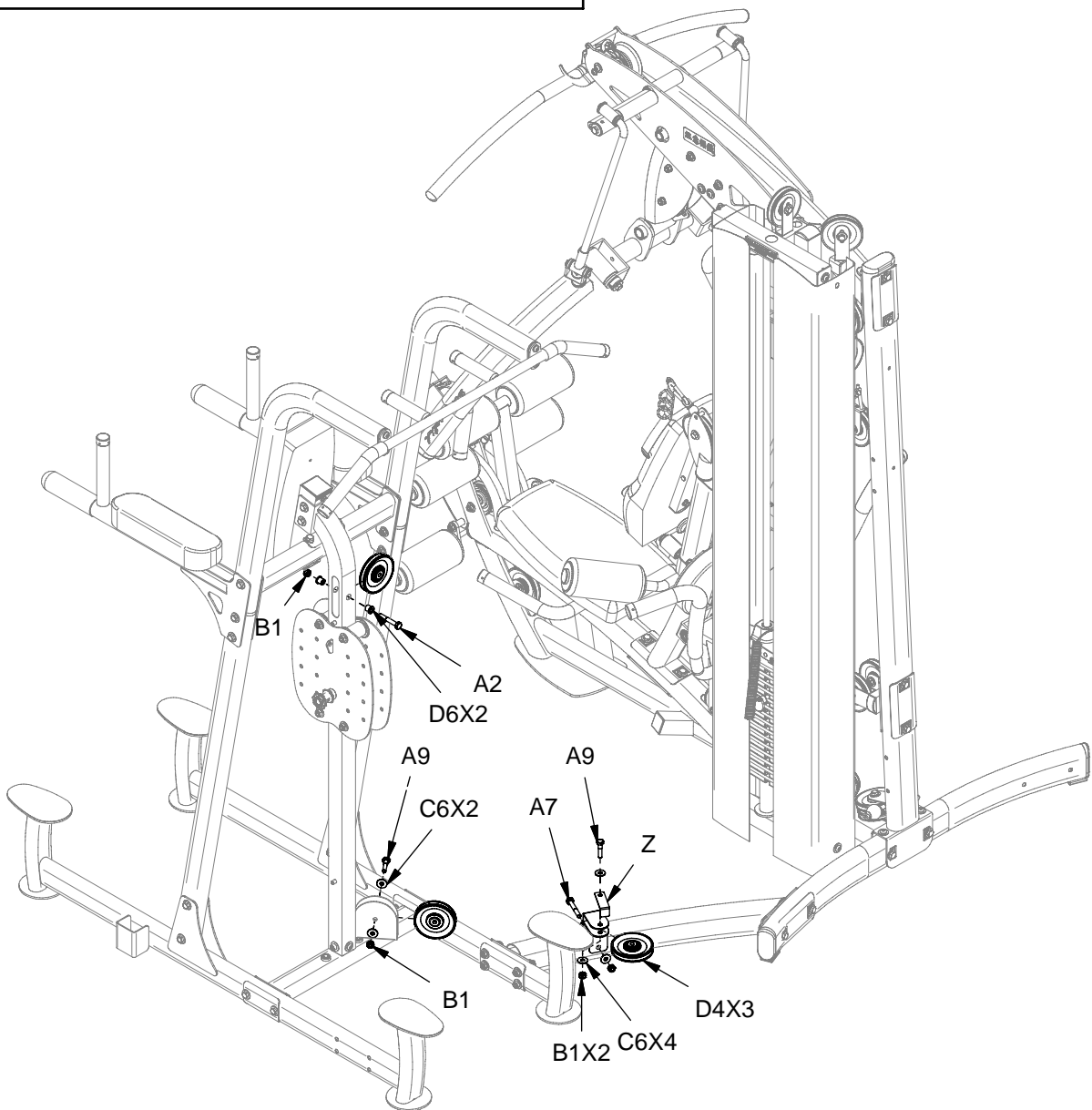
Above shows STEP2
assembled and completed



FCDWA ASSEMBLY INSTRUCTIONS

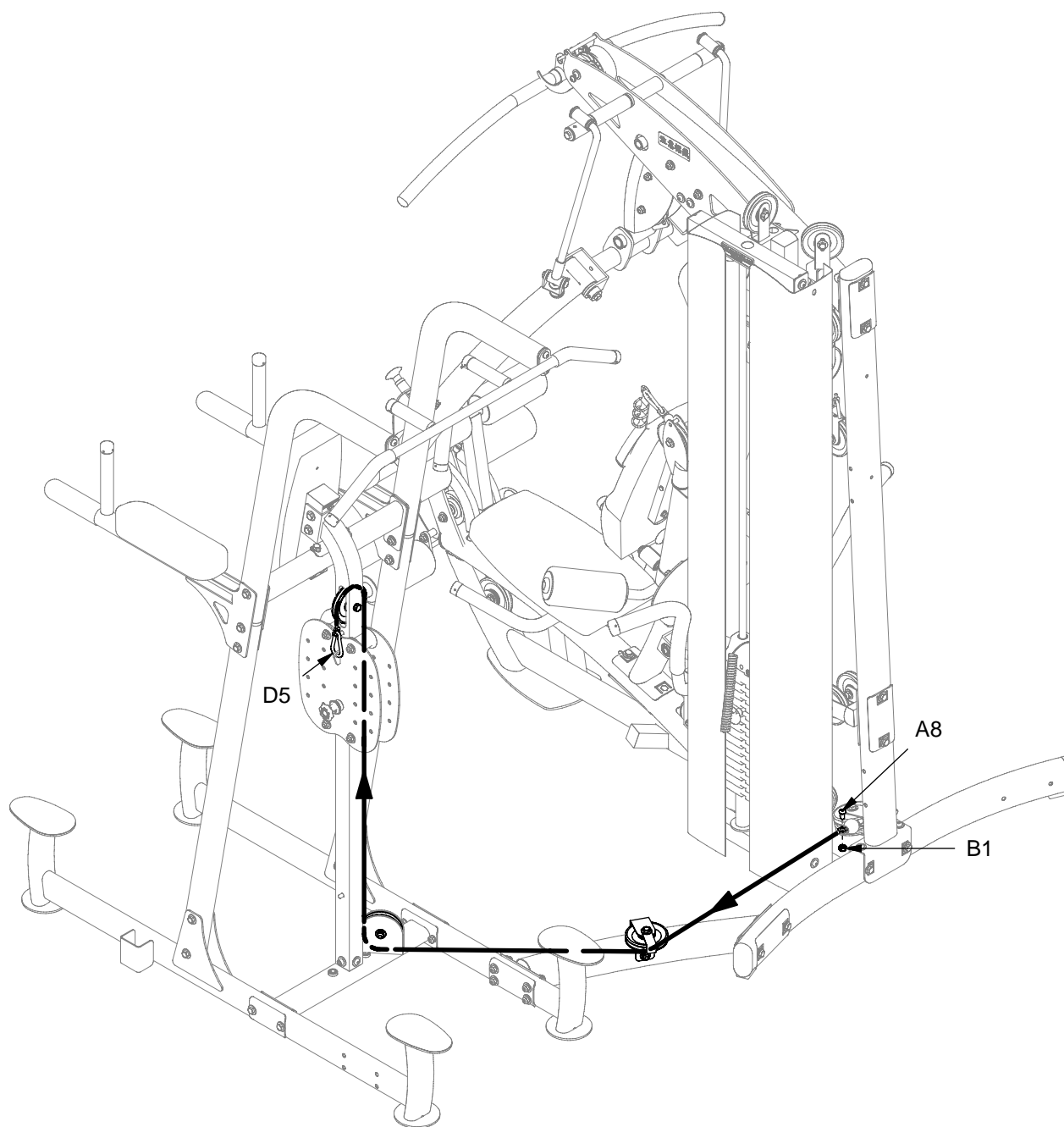


Above shows STEP3 assembled and completed

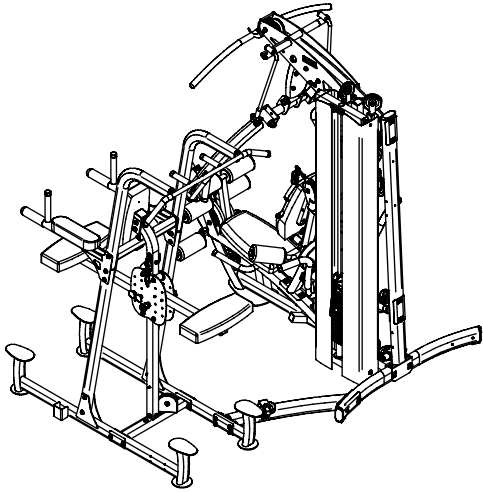


Wire Rope illustration

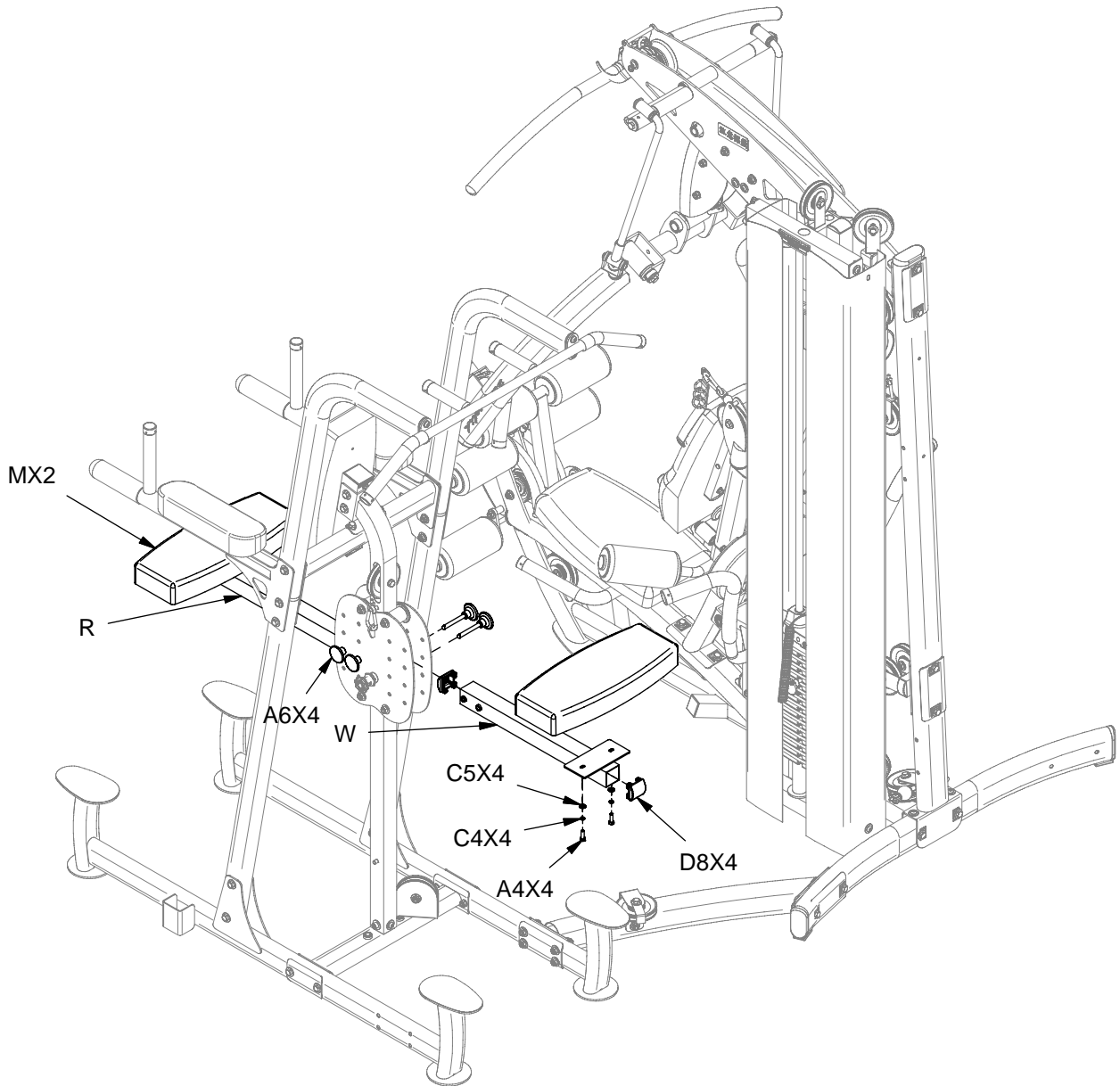
CABLE (D7)



FCDWA ASSEMBLY INSTRUCTIONS

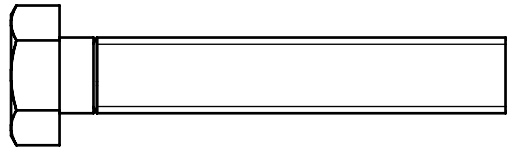
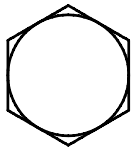


Above shows STEP4
assembled and completed

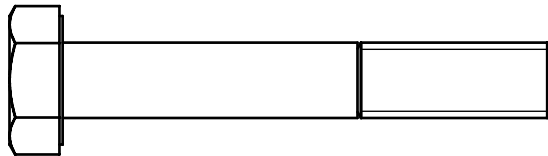
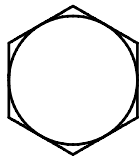


FCDWA HARDWARE ILLUSTRATION SHEET

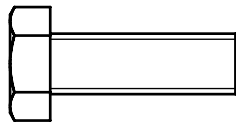
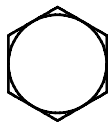
A1.M10X60L HEX HEAD BOLT-----[4PCS]



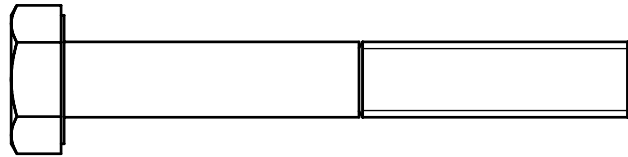
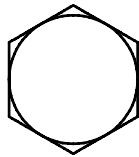
A2.M10X65L HEX HEAD BOLT-----[1PCS]



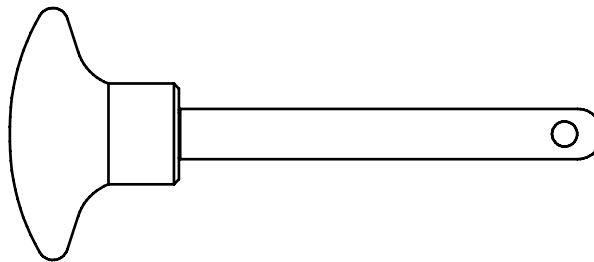
A4.M8X25L HEX HEAD BOLT-----[4PCS]



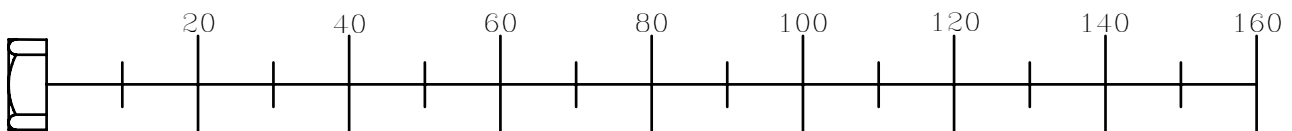
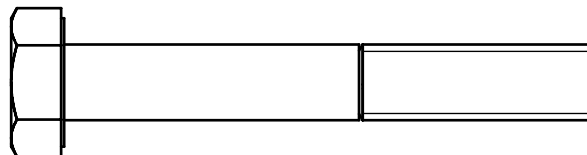
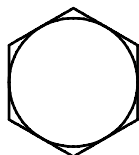
A5.M10X75L HEX HEAD BOLT-----[2PCS]



A6.BALL PIN-----[4PCS]



A7.M10X70L HEX HEAD BOLT-----[1PCS]

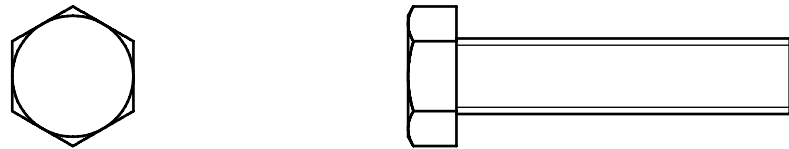


FCDWA HARDWARE ILLUSTRATION SHEET

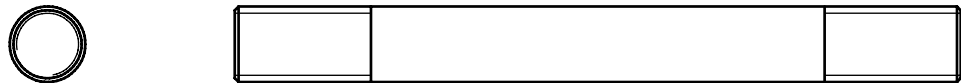
A8.M10X20L ALLEN HEAD BOLT -----[1PCS]



A9.M10X45L HEX HEAD BOLT-----[2PCS]



A10.M10X96L DOUBLE THREAD BOLT-----[4PCS]



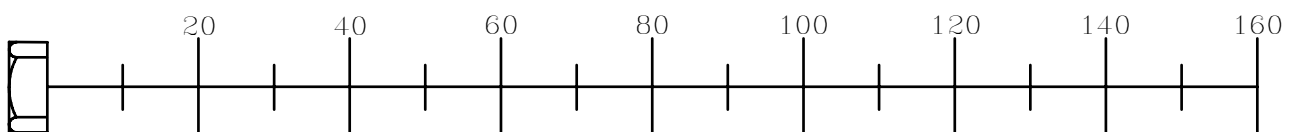
B1.M10 NYLON LOCK NUT-----[11PCS]



B2.M12 NYLON LOCK NUT-----[1PCS]

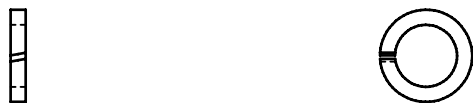


C2.M10 WASHER (Ø19)-----[8PCS]



FCDWA HARDWARE ILLUSTRATION SHEET

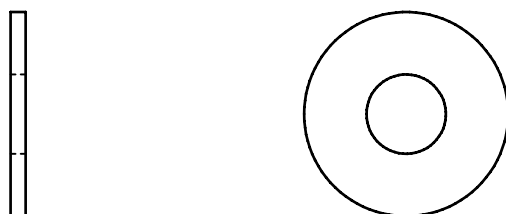
C4.M8 SPRING LOCK WASHER-----[4PCS]



C5.M8 WASHER-----[4PCS]



C6.M10 WASHER-----[18PCS]

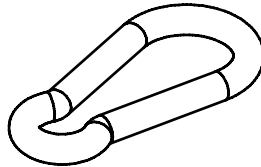


FCDWA HARDWARE ILLUSTRATION SHEET

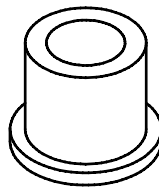
D4.PULLEY-----[3PCS]



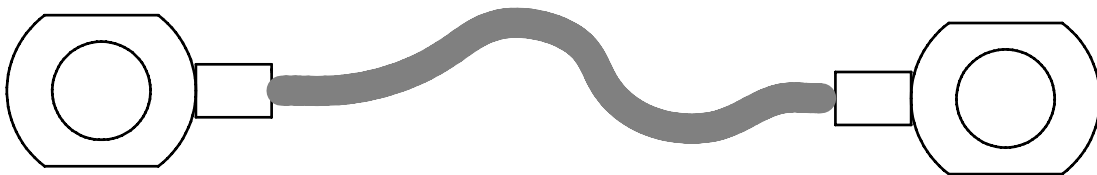
D5.SPRING SNAP LINK -----[1PCS]



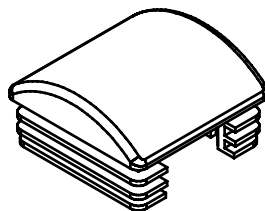
D6.PULLEY SPACER -----[2PCS]



D7.CABLE-----[1PCS]

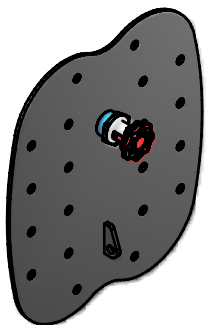


D8.END CAP -----[4PCS]

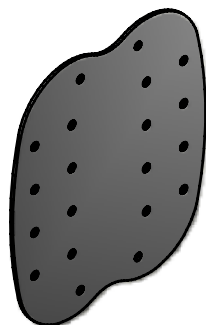


FCDWA PARTS ILLUSTRATION SHEET

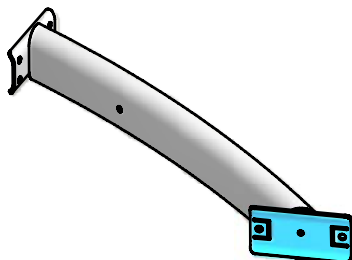
L[1PCS]



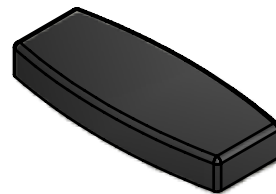
S[1PCS]



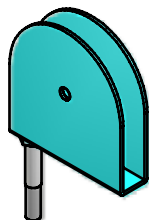
P[1PCS]



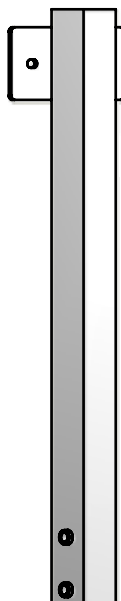
M[2PCS]



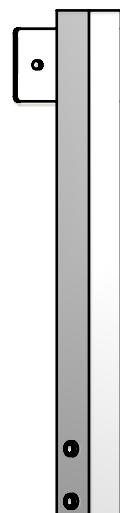
Q[1PCS]



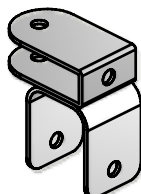
R[1PCS]



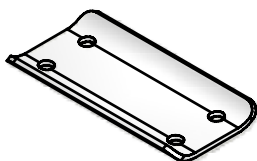
W[1PCS]



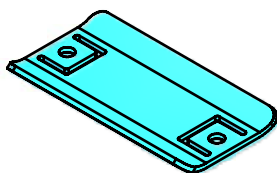
O[1PCS]



J[1PCS]



K[1PCS]



U[4PCS]



Z[1PCS]

